

LEADERSHIP TEAM RESPONSIBILITIES

Requirements for membership on the Leadership Teams

NJ Martial Arts Academy

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What is the role of the assistant?

1. Greet students and parents
2. Be a role model
3. Be clean and presentable
4. BRING IT when you get on the deck - be ENERGETIC!

Proper presentation of assisting when on the deck

- Circulate, not congregate
- Appropriate body contact (two fingers to adjust, no kneeling/stooping to floor)
- Infuse and build energy! Clap! Coach! Encourage! Motivate!

Proper use of STORM Team

- Use to lead drills in front of class
- Buddy system - especially with new members
- Fire-Lines
- Infuse energy in class
- Assist DELTA/FIST with clean up

Proper use of SWAT Team

- All the STORM Team requirements AND
- Walking the lines
- Reinforce Self Control - help keep students focused and still
- Make corrections
- Greet parents & students
- Clean-up crew (accidents)
- Assist DELTA/FIST with clean up

Proper use of FIST Team

- All STORM and SWAT Team requirements AND
- Teaching class - spinning plates
- Prep Zones
- Delivering POWERful Lessons
- Sending/Scribing YOU ROCK cards
- Level 10 school appearance (Equipment away, no clutter/garbage left on AND off the deck, sweep & mop nightly after any in-house activity - Delegate to Swat and Storm)

Proper use of DELTA Team

- All the STORM, SWAT, FIST team requirements AND
- Supervise and encourage teams to do their roles
- Develop their teaching
- Teach the curriculum - have expert knowledge of what you are teaching
- Be a problem solver
- Know your students
- Motivate students and EDUCATE THE PARENTS
- ***Be charismatic and energetic!!!!***
- Teach within the class, not always in the front
- Use your assistants as described above
- Always use the Instructor's Key
 - 3 by 3 Rule: Educate, Entertain, Empower
 - Use each student's name at least once each class
 - Appropriate body contact

Maturation: the more time you spend on the mat practicing and repeating your teaching skills, the better you get!! That is what makes a Sensei a SENSEI and others just instructors.

FOUR RULES OF TEACHING <ul style="list-style-type: none">● Explanation● Demonstration● Correction● Repetition	YOU SHOULD BE AN EXPERT AT THE BLACK BELT SUCCESS CYCLE! <ul style="list-style-type: none">● Specific: Know what you want<ul style="list-style-type: none">● Measurable: Have a Plan● Attainable: Have a Success Coach● Realistic: Take Consistent Action● Timely: Review your Progress and Renew your Goals
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FOUR FOCUS POINTS

- Rate yourself on a scale of One to Ten
- The aspect of healthy competition
 - Is it real?
- Am I getting better with every repetition?